California Counseling Clinics (CCC) – 2027/2028 Internship Program Brochure

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Program Overview

California Counseling Clinics (CCC) offers a comprehensive, full-time Health Service Psychology Doctoral Internship Program for advanced doctoral psychology students. Our program is grounded in developmental and practitioner-scholar models and emphasizes strong clinical training, comprehensive psychological assessment, cultural humility, ethical practice, and professional identity development.

California Counseling Clinics is a Full Member of APPIC.

Interns are valued members of the CCC clinical team and receive progressively increasing responsibility as their skills and confidence develop. Training takes place across our Santa Barbara, Goleta, and Westlake Village locations and includes work with diverse patients across the lifespan.

Mission and Philosophy

The mission of California Counseling Clinics is to deliver responsive, effective, and compassionate mental health services tailored to the evolving needs of our community, while supporting personal and systemic growth.

Our core values of integrity, excellence, compassion, commitment, and collaboration guide our clinical work, supervision, and training environment. These values are reflected in our emphasis on high-quality care, continuous learning, thoughtful supervision, interdisciplinary collaboration, and the growth of both patients and developing psychologists.

Program Aim

The primary aim of the CCC Doctoral Internship Program is to prepare doctoral interns for entry-level practice in professional psychology, consistent with the APA Standards of Accreditation, through supervised clinical service delivery, psychological assessment, and structured didactic and supervisory experiences.

Grounded in developmental and practitioner-scholar models, the internship supports increasing independence across the training year while emphasizing ethical practice, cultural responsiveness, self-reflection, clinical excellence, and professional identity development.

Client Population and Services
CCC serves a diverse population across the lifespan, presenting with a wide range of clinical concerns including:

- Anxiety (GAD, panic disorder, social anxiety)
- Obsessive compulsive disorders
- Depression and mood disorders
- Trauma-related disorders
- Behavioral and adjustment difficulties
- Neurodivergence (e.g., autism, ADHD)
- Life transitions, grief, relational challenges, and identity development

Services include individual, couples, family, and group therapy, as well as comprehensive psychological assessments.

Training Structure

- **Duration:** 12 months, 8/02/27– 07/28/28
- **Schedule:** Full-time, approximately 40 hours per week
- **Total Training Hours:** Minimum of 2,080 hours
- **Face-to-Face Direct Service:** Approximately 18–20 hours per week, including psychotherapy and psychological assessment activities
- **Individual Supervision:** At least 2 hours per week with licensed psychologists
- **Group Supervision:** 2 hours per week
- **Doctoral-Level Didactic Training:** 2 hours per week
- **Additional Training:** Assessment supervision, case consultation, clinical team meetings, specialty trainings, and other professional development activities

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Clinical Intervention Training
Interns gain broad experience providing psychotherapy across developmental stages, populations, and clinical presentations. Cases are assigned with consideration of each intern's prior training, areas of interest, developmental readiness, and evolving competency.

Clinical training emphasizes strong case conceptualization and the thoughtful use of evidence-based and integrative interventions. Depending on patient needs, training goals, and supervisor expertise, interns may gain experience with approaches such as:

- Cognitive Behavioral Therapy (CBT)
- Exposure and Response Prevention (ERP)
- Cognitive Processing Therapy (CPT)
- Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)

- Motivational Interviewing (MI)
- Solution-Focused and Single-Session Therapy
- Relational and psychodynamic-informed approaches
- Family-systems interventions
- Developmentally appropriate interventions for children and adolescents

Rather than emphasizing rigid adherence to a single treatment model, CCC encourages interns to develop the clinical judgment needed to select and adapt interventions based on diagnosis, case formulation, developmental level, cultural and contextual factors, patient preferences, and response to treatment. Intervention skills are developed through direct clinical experience, supervision, case consultation, and formal didactic training.

Psychological Assessment Training

Psychological assessment is a significant strength of the CCC internship program. Interns receive broad, developmentally sequenced experience conducting comprehensive psychological evaluations across the lifespan. Interns participate in the full assessment process, from clarifying referral questions and conducting interviews through test selection, administration, scoring, interpretation, diagnosis, integrated report writing, recommendations, feedback, and consultation with referral sources. Assessment opportunities may include:

- Autism and other neurodevelopmental evaluations
- ADHD and executive functioning evaluations
- Cognitive/intellectual and developmental disability assessment
- Learning and academic evaluations
- Personality assessment
- Mood, anxiety, trauma, psychosis, and obsessive-compulsive presentations
- Complex differential diagnosis
- Specialty evaluations, including bariatric presurgical psychological evaluations

Measures available within the clinic include instruments such as the WAIS-5, WISC-V, WIAT-4, D-KEFS, ADOS-2, ADI-R, MIGDAS-2, SRS-2, ABAS-3, BASC-3, Conners measures, MMPI-3, R-PAS, TSI-2, Y-BOCS, and other cognitive, behavioral, emotional, and diagnostic measures.

Supervision, Didactics, and Professional Development

Supervision and structured learning are central to the CCC internship experience. We place a high value on creating a training environment where interns are supported, challenged, and given increasing independence as their skills and professional confidence develop.

Interns receive **at least two hours of individual supervision each week** with licensed psychologists, including supervision from both primary and secondary supervisors, as well as **two hours of group supervision each week** and additional assessment supervision and consultation as needed.

Supervision is individualized and developmental rather than simply focused on case management. Interns work with supervisors to deepen case conceptualization, strengthen clinical and assessment judgment, navigate ethical and cultural complexities, reflect on therapeutic process and use of self, and develop their own professional identity. As the year progresses, supervisors intentionally shift toward greater autonomy and preparation for entry-level professional practice. Later in the year, interns may also have opportunities for supervised mentorship or supervision of practicum-level trainees.

Interns also participate in **two dedicated hours of doctoral-level didactic training each week**, typically Wednesdays from 8:30–10:30 AM. The curriculum is specifically designed for doctoral psychology interns and is intentionally varied across the training year to provide exposure to both foundational and specialized areas of practice. Recent and planned trainings include:

- Building psychological assessment batteries and complex differential diagnosis
- Motivational Interviewing: Advanced Principles and Applied Practice
- Autism assessment across diverse presentations
- R-PAS and performance-based personality assessment
- Intensive Exposure and Response Prevention training
- Assessment of childhood trauma and non-leading interviewing
- Cognitive Processing Therapy (CPT) and Trauma-Focused CBT
- Cultural identity, intersectionality, and culturally responsive case formulation
- Clinical Supervision: Models, Roles, and Developmentally Responsive Practice
- Ethics, mandated reporting, Tarasoff, and complex risk management
- Sand tray therapy and other experiential approaches

Didactics emphasize application rather than lecture alone and frequently incorporate case discussion, role-play, experiential exercises, assessment practice, clinical vignettes, and discussion of current literature.

Learning also occurs through collaboration with the broader CCC team. Interns participate in clinical team meetings, case consultation, and coordination with psychologists, therapists, medical providers, schools, Regional Centers, families, and community professionals as clinically appropriate.

Across supervision, didactics, consultation, assessment, and clinical work, CCC emphasizes cultural humility and responsiveness. Interns are encouraged to consider identity, culture, developmental and systemic context, clinician positionality, and individual lived experience as integral parts of psychological practice rather than as separate areas of training.

Program Expectations and Competency Development
CCC expects interns to demonstrate progressive growth in clinical competence, professional behavior, ethical decision-making, and independent judgment throughout the training year. Interns are evaluated formally at midyear and at the conclusion of the internship year across the APA Profession-Wide Competencies and the program's established Minimum Level of Achievement.

Competency areas include:

- Research and application of scientific knowledge
- Ethical and legal standards
- Individual and cultural diversity
- Professional values, attitudes, and behaviors
- Communication and interpersonal skills
- Psychological assessment
- Psychological intervention
- Supervision
- Consultation and interdisciplinary skills

Formal evaluations are reviewed directly with interns and are supplemented by ongoing feedback through individual supervision, group supervision, and consultation. The evaluation process is intended to identify strengths, clarify areas for continued development, and establish individualized training goals. When additional support is needed, the program provides structured remediation and increased supervision consistent with CCC's due process procedures.

Successful completion of the internship requires completion of required training hours and satisfactory attainment of the program's competency standards.

Benefits and Compensation

- **Stipend:** $55,000 annually
- **Vacation:** 10 days (80 hours) of paid vacation
- **Sick Leave:** 5 days (40 hours) of paid sick leave
- **Professional Development Leave:** Up to 2 additional days for approved activities such as dissertation defense, conferences, or postdoctoral interviews
- **Holidays:** 5 annual holidays
- **Health Insurance:** CCC covers 75% of medical, dental, and vision premiums for full-time interns
- **Liability Insurance:** Provided by CCC

Additional Benefits:

- Quarterly **chair massages** provided on-site
- Stocked **snacks and refreshments** available in the office kitchens
- Annual **staff retreat day** promoting team connection and wellness
- **Holiday party** and seasonal **staff outings**
- Access to digital and physical psychological testing materials
- Dedicated workspaces and regular team meetings to foster peer support

All time off is coordinated with supervisors and the Training Director to support continuity of patient care and completion of training requirements.

Training Locations

Santa Barbara Office (Primary Training Site)
Located in the scenic Mesa neighborhood, our flagship site includes six private therapy offices, a central waiting area, large team/conference room, kitchen, restroom, and reception area. This is the primary training hub for interns.

- 1819 Cliff Dr., Suite F, Santa Barbara, CA 93109

Westlake Village Office
Situated on the waterfront of Westlake Lake, this serene location features four therapy offices, a private waiting room, and kitchenette facilities. Interns may complete part of their hours here depending on scheduling and patient needs.

- 32129 Lindero Canyon Rd., Suite 200, Westlake Village, CA 91361

Goleta Office
Located in the vibrant Storke Plaza, our Goleta office is surrounded by popular restaurants, cozy coffee shops, and the soon-to-open Rori's Ice Cream. With five spacious offices and a welcoming waiting area, it offers interns a lively and convenient setting for clinical work and community connection.

- 270 Storke Rd, Ste 6&7 Goleta, CA 93117

Each location provides a supportive and welcoming atmosphere, with necessary materials and equipment for both therapy and testing, in accordance with HIPAA compliance and our clinic policies. Santa Barbara and Westlake Village are ADA accessible. Please note that the Goleta office is not ADA accessible and requires use of stairs to reach the clinic space. If accessibility may be a concern, please notify your supervisor or the administrative team so that appropriate arrangements can be made.

Application Process
Applications for the 2027–2028 training year should be submitted through the APPIC Application for Psychology Internships (AAPI). CCC participates in the APPIC selection and Match process. Applicants should refer to this brochure and the CCC website for current application information, requirements, and deadlines.

Eligibility Requirements

- Enrollment in a doctoral program in professional psychology (clinical, counseling, or school psychology) that is accredited by a recognized accrediting body, such as the American Psychological Association (APA) or the Canadian Psychological Association (CPA).
- Applicants must have completed all required formal academic coursework in their doctoral program. This includes core courses in psychological theory, ethics, assessment, and intervention techniques that are essential for providing psychological services.
- Completion of at least two years of practicum
    - Interns must have participated in closely supervised experiential training through practicum and externship placements. This experience should involve direct, face-to-face delivery of psychological services to clients, including assessment, diagnosis, and treatment.
- Dissertation defended by start date (preferred)
- Eligibility for 2080 hours of internship

Application Materials: Applicants should submit all required AAPI materials through the APPIC Application for Psychology Internships (AAPI), including the materials required by APPIC.

In addition, applicants to California Counseling Clinics should submit the following program-specific materials through the AAPI portal:

- Cover letter describing interest in and fit with the CCC internship program
- De-identified sample integrated psychological assessment report

CCC will review the applicant's CV, graduate transcripts, and standardized reference forms as submitted through the AAPI.

Please send any additional inquiries to:

Dr. Melinda Wilson, Psy.D.
Training Director, California Counseling Clinics
Training@californiacounselingclinics.com

Commitment to Diversity and Inclusion

California Counseling Clinics (CCC) is committed to fostering an inclusive, affirming, and equitable training environment that recognizes and values cultural and individual differences. CCC welcomes applicants from diverse backgrounds, including differences in race, ethnicity, national origin, language, religion, age, disability, gender, gender identity, sexual orientation, socioeconomic status, and other aspects of identity and lived experience.

CCC is committed to recruiting and supporting interns from diverse backgrounds and perspectives. Selection decisions are based on applicants' qualifications, professional preparation, and alignment with the program's training aims, without discrimination on the basis of personal characteristics unrelated to successful internship performance.

CCC recognizes that an inclusive learning environment requires ongoing attention to accessibility, cultural responsiveness, and individual training needs. The program strives to provide equitable access to supervision, professional development, and clinical training opportunities while fostering open dialogue, cultural humility, and mutual respect among interns, supervisors, and staff.

Why Train at CCC?

Internship is an important transition from graduate training into professional practice, and we want that year to be both challenging and genuinely rewarding. At CCC, interns have the opportunity to build strong psychotherapy skills, become comfortable conducting comprehensive psychological assessments, receive close mentorship from licensed psychologists with different areas of expertise, and explore specialized areas of practice through a broad and evolving didactic curriculum.

Our goal is to provide rigorous training without creating a rigid training environment. Interns are encouraged to ask questions, develop their own clinical voice, pursue areas of interest, and take on greater responsibility as they become ready for it.

By the end of the year, we want interns to leave CCC not simply having completed their required hours, but feeling prepared to enter the next stage of their careers as thoughtful, ethical, culturally responsive, and increasingly independent psychologists.

Contact Information

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