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## California Counseling Clinics (CCC) – Internship Program Brochure

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### Program Overview

California Counseling Clinics (CCC) is a community-based outpatient mental health center offering comprehensive clinical training to advanced doctoral psychology students. Our program is grounded in a developmental and practitioner-scholar model, emphasizing evidence-based practice, cultural humility, and professional identity development.

California Counseling Clinics has submitted an application for APPIC Provisional Membership for its Clinical Psychology Doctoral Internship Program. *APPIC is a membership organization and does not accredit training programs.*

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### Mission and Philosophy

The California Counseling Clinics Clinical Psychology Internship Program aims to train well-rounded, ethical, and culturally responsive clinicians. Interns receive intensive training in both intervention and assessment across a broad range of client needs, ages, and presenting concerns. Our program supports the development of core competencies through didactic training, individual and group supervision, interdisciplinary consultation, and direct service experiences. We are committed to fostering professional growth, self-reflection, and clinical excellence in an inclusive and supportive environment.

### Program Aim

The primary aim of this program is to prepare doctoral interns for entry-level practice in professional psychology, consistent with the APA Standards of Accreditation, through supervised clinical service delivery, psychological assessment, and structured didactic and supervisory experiences.

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### Client Population and Services

CCC serves a diverse population across the lifespan, presenting with a wide range of clinical concerns including:

- Anxiety (GAD, panic disorder, social anxiety)
- Obsessive compulsive disorders
- Depression and mood disorders
- Trauma-related disorders
- Behavioral and adjustment difficulties
- Neurodivergence (e.g., autism, ADHD)
- Life transitions, grief, relational challenges, and identity development

Services include individual, couples, family, and group therapy, as well as comprehensive psychological assessments.

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### **Training Structure**

- **Duration:** 12 months (August 1 – July 31)
  - **Weekly Hours:** 40 hours/week, full-time (2080 hours)
  - **Supervision:**
    - 2 hours/week of individual supervision (licensed psychologist)
    - 2 hours/week of group supervision
    - 2 hours/week of didactic seminar
  - **Additional Consultation:** Weekly case conferences and interdisciplinary collaboration (including SFSS model)
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### **Clinical Intervention Training**

Interns deliver psychotherapy to children, adolescents, adults, couples, and families. Presenting concerns range from mild to moderate severity, with selective higher-acuity cases supported through close supervision.

Modalities include:

- CBT, DBT, ACT
- Emotionally Focused Therapy (EFT)
- Psychodynamic-informed therapy
- Solution-Centered Single Session Therapy (SCT)
- Trauma-informed care

Didactic topics have included:

- Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)
- Coping Cat: CBT Program for Children with Anxiety
- Understanding and Treating Harm-Themed OCD
- EFT for Couples
- Sex Therapy Fundamentals

Interns are encouraged to tailor treatment to individual client needs and integrate feedback-informed care.

## **Psychological Assessment Training**

CCC offers robust assessment training with a focus on autism, ADHD, intellectual disability, learning concerns, and emotional/diagnostic evaluations. Interns complete full evaluations, including:

- Clinical interviewing
- Test selection and administration
- Scoring and interpretation
- Report writing
- Feedback sessions with patients/families

Commonly used measures include:

- WAIS-IV, WISC-V, WIAT-4
- SRS-2, ADOS-2, ABAS-3, MIGDAS-2
- D-KEFS, BASC-3, Conners, PVTs
- MCMI-IV, MMPI-3, TSI-2, TAT, R-PAS, Y-BOCS

Didactic training supports applied learning with topics such as:

- ADHD: Performance Validity Tests (PVTs) Integration
- Creating Recommendations
- Feedback Sessions - Structuring and Delivering
- Trainings on DAS-II, Leiter-3, ADI-R, RPAS, and more

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## **Program's Expectations for Intern Performance**

California Counseling Clinics (CCC) expects interns to demonstrate progressive growth in clinical competence, professionalism, and ethical decision-making throughout the 12-month, full-time training year. Successful completion of the internship requires demonstration of competency at a level appropriate for entry-level practice in professional psychology, as determined through formal evaluations. Interns are evaluated formally at midyear and at the end of the year across profession-wide competencies, including ethical and legal standards, cultural humility, assessment, intervention, supervision, consultation, research, professional values, and communication skills. Interns are expected to engage in 40 hours of training per week, maintain timely documentation, participate actively in supervision and didactics, and uphold high standards of professional conduct. CCC places strong emphasis on reflective practice, responsiveness to feedback, and collaborative functioning within an interdisciplinary team. Minimum expectations include foundational competence in clinical work and adherence to ethical and legal guidelines. CCC is committed to fostering the development of ethical, skilled, and culturally responsive psychologists prepared for postdoctoral training and independent practice.

## Evaluation and Competency Development

Interns are evaluated formally at midyear and end-of-year based on established competency benchmarks. Ongoing feedback is integrated through supervision and team consultation. Remediation plans are developed when needed to support intern success.

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## Benefits and Compensation

- **Stipend:** \$55,000 annually
- **Vacation:** 10 days (80 hours) of paid vacation
- **Sick Leave:** 5 days (40 hours) of paid sick leave
- **Professional Development Leave:** Up to 2 additional days for dissertation defense, postdoc interviews, or conferences (pending approval)
- **Holidays:** 5 paid holidays (July 4, Labor Day, Thanksgiving, Christmas, New Year's)
- **Health Insurance:** CCC covers 75% of medical, dental, and vision premiums for full-time interns
- **Liability Insurance:** Provided by CCC

## Additional Benefits:

- Quarterly **chair massages** provided on-site
- Stocked **snacks and refreshments** available in the office kitchens
- Annual **staff retreat day** promoting team connection and wellness
- **Holiday party** and seasonal **staff outings**
- Access to digital and physical psychological testing materials
- Dedicated workspaces and regular team meetings to foster peer support

All time off must be coordinated with supervisors and the Training Director.

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## Training Locations

### Santa Barbara Office (Primary Training Site)

Located in the scenic Mesa neighborhood, our flagship site includes six private therapy offices, a central waiting area, large team/conference room, kitchen, restroom, and reception area. This is the primary training hub for interns.

- 1819 Cliff Dr., Suite F, Santa Barbara, CA 93109

### Westlake Village Office

Situated on the waterfront of Westlake Lake, this serene location features four therapy offices, a

private waiting room, and kitchenette facilities. Interns may complete part of their hours here depending on scheduling and patient needs.

- 32129 Lindero Canyon Rd., Suite 200, Westlake Village, CA 91361

### **Goleta Office**

Located in the vibrant Storke Plaza, our Goleta office is surrounded by popular restaurants, cozy coffee shops, and the soon-to-open Rori's Ice Cream. With three spacious offices and a welcoming waiting area, it offers interns a lively and convenient setting for clinical work and community connection.

- 270 Storke Rd, Ste 6&7 Goleta, CA 93117
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### **Application Process**

At this time, CCC is not participating in the APPIC Match. We welcome applications from students who are electing to complete an internship outside the match.

### **Eligibility Requirements:**

- Enrollment in a doctoral program in professional psychology (clinical, counseling, or school psychology) that is accredited by a recognized accrediting body, such as the American Psychological Association (APA) or the Canadian Psychological Association (CPA).
- Applicants must have completed all required formal academic coursework in their doctoral program. This includes core courses in psychological theory, ethics, assessment, and intervention techniques that are essential for providing psychological services.
- Completion of at least two years of practicum
  - Interns must have participated in closely supervised experiential training through practicum and externship placements. This experience should involve direct, face-to-face delivery of psychological services to clients, including assessment, diagnosis, and treatment.
- Dissertation defended by start date (preferred)
- Eligibility for 2080 hours of internship

### **Application Materials:**

- Cover letter
- Curriculum Vitae (CV)
- 2 letters of recommendation
- Sample integrated assessment report (de-identified)
- Graduate transcripts (unofficial acceptable)

Please send applications or inquiries to:

**Dr. Melinda Wilson, Psy.D.**

Training Director, California Counseling Clinics

[Training@californiacounselingclinics.com](mailto:Training@californiacounselingclinics.com)

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### **Commitment to Diversity**

California Counseling Clinics is committed to providing an inclusive, affirming, and equitable training environment. We do not discriminate on the basis of race, ethnicity, gender identity, sexual orientation, age, religion, disability, or socioeconomic status. We value diversity in all forms and actively seek to support interns from historically marginalized backgrounds.

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### **Contact Information**

Website: <https://californiacounselingclinics.com/>

Phone: 805.500.6949



# CALIFORNIA COUNSELING CLINICS

AN HOUR CAN MAKE ALL THE DIFFERENCE

